

# Generations for Garfield Leadership Project

October 6, 2023

Biagio's Ristorante

**HG**

The Harpour Group



**enerations**

*for*

**arfield**

**A Community for All Ages**

*An Age-Friendly Initiative*

Welcome!

*True community-based work is only successfully accomplished through equal partnership & co-creation.*



# Outline

- What is age friendly?
- Who is age friendly?
- How can you, as public health leaders, further the age-friendly mission?



What is age-friendly?

# WHO Age Friendly Values

- Age- friendly cities and communities foster healthy and active ageing.
- They enable older people to:
  - age safely in a place that is right for them;
  - be free from poverty;
  - continue to develop personally; and
  - to contribute to their communities while retaining autonomy and dignity.

# Principles Central to WHO Age- Friendly Communities

- **Respect** for diversity: Older people are a heterogeneous group with diverse capacities, resources, life-styles and preferences that should be respected
- **Equity**: Inequities between groups (including but not limited to age, gender, disability, sexual orientation, socioeconomic status, ethnicity, religion/ beliefs, rural/urban) should be identified and addressed.
- The **participation** of older people in all spheres of life and their contributions should be valued and fostered
- The **rights** of older people should be respected so that they may age and die with dignity

# WHO Global Network Mission Statement

*The mission is to stimulate and enable cities and communities around the world to become increasingly age-friendly.*

The Network seeks to do this by:

- **Inspiring change** by showing what can be done and how it can be done
- **Connecting cities** and communities worldwide to facilitate the exchange of information, knowledge and experience
- **Supporting cities** and communities to find appropriate innovative and evidence-based solutions

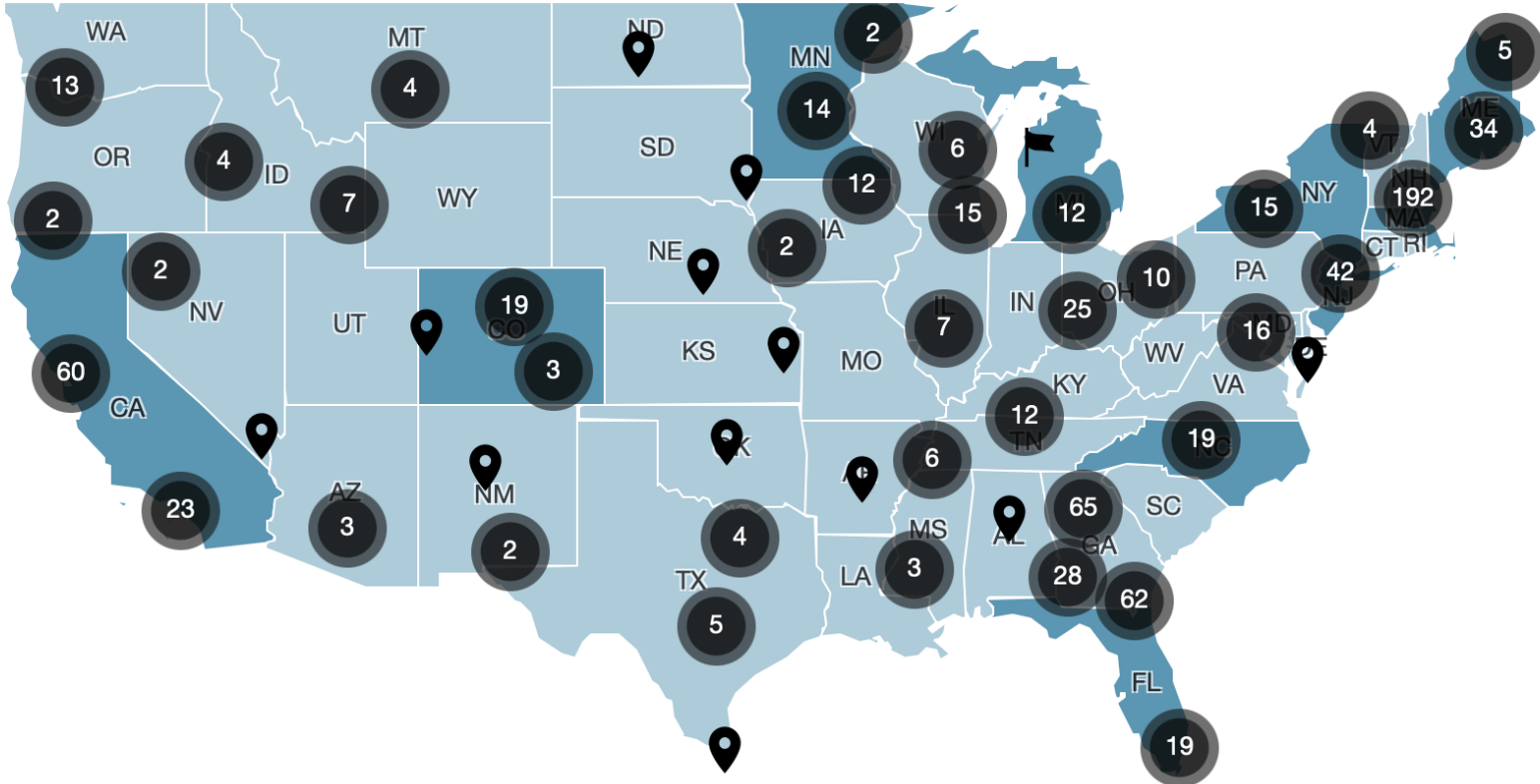




Who is age-friendly?

# AARP Network of Age Friendly Members

- Cities
- Counties
- States
- Universities
- Medical Centers





Westwood for All Ages



# BERGEN COUNTY AGE-FRIENDLY INITIATIVES

# Community & Collaboration

*Supports age-friendly leaders who are doing the work of strengthening collaborations for meaningful and sustainable community impact.*

*We are led by local philanthropies and the Rutgers School of Social Work. Our alliance includes leaders from age-friendly community initiatives in Bergen, Essex, Morris, Somerset, Passaic, and Union counties in New Jersey.*



## Age-Friendly North Jersey

AN ALLIANCE OF LEADERS STRENGTHENING COMMUNITIES FOR ALL AGES

# Symmetry



The 8 Domains of Livability

## Social Determinants of Health



Social Determinants of Health  
Copyright-free

 Healthy People 2030

- Education Access and Quality**
- Health Care Access and Quality**
- Neighborhood and Built Environment**
- Social and Community Context**
- Economic Stability**



# Generations for Garfield

- Collaborative community engagement
- Established in 2015 with planning grant & survey of 55+ Garfield residents
- Developed data-driven goals
- Focused on coalition building



G4G  
addressed  
food access &  
nutrition &  
SDoH



## Free Produce Market

### Garfield Recreation Department

All families are welcome to pick up fresh produce with voucher as well as learn about community programs.

**Wednesday, May 22<sup>nd</sup>, 2019**

**1pm-3pm**

**To obtain your free produce voucher, contact the agency where you got this flyer or call the Garfield Health Department at (973) 340-3340**

**\*\*To obtain a voucher, call before May 15<sup>th</sup>**



**Community  
FoodBank  
OF NEW JERSEY**



GARFIELD  
PREVENTION  
COALITION



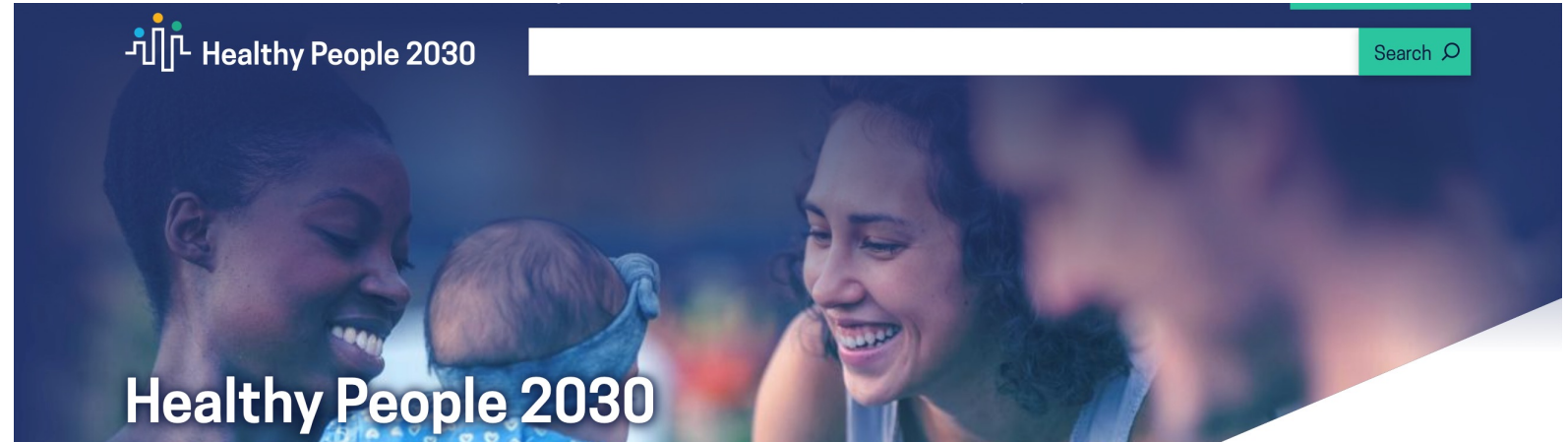
A Community for All Ages  
An Age-Friendly Initiative



## Healthy People 2030

Many HP objectives reflect age-friendly ideas & strategies.

Social Determinants of Health are a 'key focus' of HP 2030



### Social Determinants of Health

Social determinants of health have a major impact on people's health and well-being — and they're a key focus of Healthy People 2030.

[Read about social determinants of health](#)



By definition,  
public health is  
inclusive

The only agency charged with  
seeing the **ENTIRE** population

walkability

nutrition

infectious  
disease

# 'Age-Friendly Public Health'

## Benefits for all ages

- No need to repeat programs/offerings
- Make them intergenerational if possible
- Internships
- Service to community or with older adults

## Youth Volunteer Corps.




Age-Friendly Teaneck

July 12 · 🌐

The interns are here! The 4 Teaneck High School students chosen for our 4-week "Exploring Careers in Aging" internship started Monday with an orientation and a tour of [Holy Name](#) plus a visit to its simulation lab. On Tuesday, they served as volunteers at [#CafeEuropa](#), a social program of [Jewish Family & Children's Services of Northern NJ](#) for Holocaust survivors and then made their first visit to Bright Side Manor. Today they are learning about PALS, an assisted living program ... [See more](#)







Age Friendly is a unique  
opportunity for collaboration

**No Department  
Can Do It Alone!**



Public Health Understands  
the Challenge



What do you?

Know right now?

Are Doing right now?

Begin to develop the vision for  
your community



# Common Vision / Shared Purpose

Governance Structure is Critical

Leadership by  
Dept of Public Health

Potential Partners

- Law Enforcement
- City Planning-Engineering
- Senior Center
- YMCA
- Housing Authority
- Food Banks



# Garfield Model of Community Collaboration

## Generations for Garfield Partners





Successful  
Partnerships  
need  
management

Aims

Trust

Culture

Knowledge

# Intersectoral Conflicts

Difference in values

Difference in perspectives and systems


Problems in COMMUNICATION;  
Schedule regular meetings

Can impede service delivery to internal and external customers





## Key Lessons of Successful Collaboration

- 1. Each partner must be committed to working beyond agency boundaries and silos.
  - 2. Community-level implementation sites commit to partner agencies to test practice changes to identify process barriers, challenges, and innovations.
  - 3. Sites benefit from having core team members operating at significant level of authority but with an involved, supportive, and consistent oversight committee who can solve challenges escalated by the team.
  - 4. All partners should demonstrate a commitment to measuring cross-systems outcomes, data collection strategies, including unintended outcomes
- 

# Continuum of Community Improvement

	<b>Government Led</b>		<b>Public Led</b>
<b>Engage</b>	Baseline Assessment		Needs assessments (based on experience and discussions)
<b>Plan</b>	Strategic Plan		Participatory Planning
<b>Act</b>	Initiate Change, Support and Coordinate Interventions and Projects		Testing and modifying approaches that involve and strengthen the capacity of older people
<b>Measure</b>	Assessing process outcome and impact as well as equity indicators		Participatory evaluation assessing experiences and satisfaction

The age-friendly journey requires cycles of improvement and partners can join at any time



# Systems-Level Policy Efforts that Support Practice Innovations



# Departmental Strategies and Innovations



Shared Outcomes for All Community Members with a Focus on Equity				
Prevention	Early Identification	Treatment	Resolution	Wellness
Education, vaccines, planning	Reduce acuity, access to resources	Includes SDoH implementation	Fragile Improvement Sustainability	Safety, Nutrition, Sleep, and Exercise

# Outcome Indicators

The outcome indicators will mainly be related to issues of accessibility and inclusiveness as key facets of urban life.

Physical accessibility of public facilities: health and social services, transportation, recreation facilities.

Affordability of decent housing,

Opportunities for social engagement, and

Accessibility of information.





# Measuring and Monitoring Outcomes

Tracking outcomes with shared data systems that enable results-based accountability and disaggregated analysis. How:

- Create a dedicated data and evaluation team or subcommittee
- Develop collaborative outcome measures that measure baseline outcomes and consensus on intended improvements
- Create linkages between administrative data systems
- Design and regularly review a data dashboard to monitor outcomes

# One Public Outcome of Award Success

- Outcome of Preliminary Age Friendly Initiatives and Commitment will be the ability to apply to the WHO for Membership in Global Network
  - Population and % over 60 yrs. of age
  - Letter of Commitment from Mayor or Resolution
  - Description of Age Friendly Initiatives to Date/ Photo or Webpage
  - **Age- Friendly Baseline Assessment**
  - **Strategy or Action Plan**
  - **Engagement of Older People**
  - **Mechanisms of Collaboration across sectors**
  - Why do you want to join – what is in it for you and what is in it for them?

## An Age-Friendly Community is...



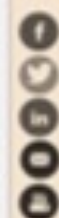
...one where a community's elected leadership has made a commitment to actively work with residents and local advocates to make their town, city, or county an age-friendly place to live through enrollment in the AARP Network of Age-Friendly States and Communities!



AARP NETWORK OF AGE-FRIENDLY STATES AND COMMUNITIES

## AARP Livable Communities

[AARP.org/Livable](#) [About](#) [Age-Friendly Network](#) [Community Challenge](#) [Publications & Resources](#) [Videos](#) [Livability In](#)



### Membership Application

Join the AARP Network of Age-Friendly States and Communities

AARP Livable Communities

When a town, city, county or state joins the AARP Network of Age-Friendly States and Communities, it is joining a global and age-friendly community.

The AARP network is an organizational affiliate of the World Health Organization Global Network of Age-Friendly Cities and Communities. Those wishing to join the global network instead of or in addition to the AARP program can find application information on the WHO website.

To enroll your community in the AARP network, please complete and submit the application below.

**Note:** Since content added to this form cannot be saved, we advise that you review and download a PDF of the questions to address information you'll need, and draft the narrative responses offline for later pasting into the applicable fields. If this form doesn't work correctly in [AARPAge-FriendlyNetwork@aarp.org](mailto:AARPAge-FriendlyNetwork@aarp.org)

#### Section 1: Community Details

Application Submission Date

01/24/2023

State

Select a State

Community Name

Total Population

# Generations for Garfield Leadership Program

- **Thank you to Shannon Lyons for Overview of Age-Friendly Concepts and Best Practice Initiatives**
- **If Awarded, the Opportunity for Your Community:**
  - **Continual Technical Assistance**
  - **Individual Support to Your Community Collaborative**
  - **4 Workshops to Guide Your Work which can end with an application to the WHO/AARP Global Network**
- **Review Role of Critical Collaboration - No one department or agency can do this alone!**





Genuine  
Leadership is  
Supportive.

People are most  
Important

The Harpour Group  
will support each  
awarded  
community  
individually to  
implement your  
vision.

# Generations for Garfield Leadership Program Next Steps

*Sponsored by the Henry and  
Marilyn Taub Foundation*

- Thank you for your attention
- Questions
- Application process
- Communication
- Travel Safely

Please  
pick one  
up on  
your way  
out.

## 5 Cs of an Age-Friendly Public Health System?

### Connecting and Convening



- Engage at least one new aging sector or other community partner in collaborative efforts to support older adult health.
- Enhance at least one existing relationship with an aging sector partner.
- Create or join a multi-sector coalition, committee, or council that addresses healthy aging.
- Engage in or lead policy, systems, and/or environmental change to improve older adult health and wellbeing, e.g., Age-Friendly Communities.

### Coordinating



- Review and strengthen the emergency preparedness plan to ensure it addresses the needs of vulnerable older adults.

### Collecting and Disseminating Data



- Collect, analyze and disseminate data from the Aging in Florida profile.
- Review and strengthen the community health assessment to ensure it addresses older adult health needs.
- Identify a priority around older adult health in the community health improvement plan.
- Conduct an environmental scan to identify community programs that address older adult needs.
- Establish a mechanism for ongoing input of older adult residents to identify needs and inform the community health assessment process and policy development.

### Communicating



- Develop messaging or communication strategies and tools to engage additional partners and/or improve visibility of healthy aging programs/services.
- Increase awareness of existing services and facilitate referrals to improve access.

### Complementing and Supplementing



- Implement at least one new education program or service targeted at older adults.

#### Reference:

Tennessee Department of Health  
<https://www.tn.gov/health/health-program-grants/ccc-of-ohca/healthcare-innovating-age-friendly-public-health.html>

Scan here to fill out a  
community partnership  
application



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