

[Click here to
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Tuesdays Together

A Free Creative Wellness Series for Older Adults

Join us once a week for a fun, engaging series that will include lunch, healthy recipes and active lifestyle ideas. Registration is required, so please call or sign up online by visiting our website.

**Join us Tuesdays @ the Garfield
Recreation Center
February 17 - June 16
10:00 am- 12:00 pm**

- ✔ 466 Midland Ave, Garfield, NJ
- ✔ Call to register or sign up online
- ✔ Registration is limited to 50 people
- ✔ Neighboring community members welcome



Contact Us

Wanda:
917-607-1325



Sign up on Our Website:

www.generations4garfield.org

