

[Click here to
register online](#)

Tuesdays Together

A Free Creative Wellness Series for Older Adults

Join us once a week for a fun, engaging series that will include lunch, healthy recipes and active lifestyle ideas. Registration is required, so please call or sign up online by visiting our website.

**Join us Tuesdays @ the Garfield
Recreation Center
February 17 - June 16
10:00 am- 12:00 pm**

- ✓ 466 Midland Ave, Garfield, NJ
- ✓ Call to register or sign up [online](#)
- ✓ Registration is limited to 50 people
- ✓ Neighboring community members welcome



Contact Us

Wanda:
917-607-1325



Sign up on Our Website:

www.generations4garfield.org

