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**Thank you to all our Home Safety
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(Shown here at the Garfield Community Engagement Center!)

Generations for Garfield
Division of Community Affairs
Garfield Police Department
160 Belmont Ave
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www.Generations4Garfield.org
Edited by NYU SoM NIEHS Center CEC

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Congratulations on Garfield's Community Newsletter "Generations for Garfield"



Richard "Riggs" Rigoglioso MAYOR



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rrigoglioso@garfieldnj.org
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LETTER FROM THE MAYOR

Dear Fellow Residents and Business Owners,

We have made it through a pretty mild January, and we are hoping that the rest of the winter will be just as cooperative. As February gets underway, the City Council is continuing to work on the budget for 2020, as proper financial management is a critical aspect of city government. Our Council focuses on the community's goals and long-term considerations when approving the annual budget. Garfield is known for strong and sensible financial policies and practices, which are evident each year as the budget is balanced with every tax dollar being put to work for the residents.

Every resident is part of the unique character that makes up our great city, and each of us has a story. With such a large community and so many residents, it can be difficult to know the people who live and work alongside us. There are those who carry the rich history and heritage of Garfield that we call home, and there are also others who are emerging and molding the future of Garfield. Beginning in March, the City of Garfield will be starting their census initiative (#garfield2020becounted). To ensure we are fully represented by our legislature, and that we receive proper funding by the federal government, Garfield needs to be counted. We were told that we are about 4,000 to 8,000 residents short on our last Census; that is millions of dollars lost for the city of Garfield.

I want to thank Governor Murphy, Senator Sarlo, Congressman Pascrell, Congressman Gottheimer, Bergen County Executive Jim Tedesco, Clifton Mayor Anzaldi, and Lodi Mayor Luna for attending a luncheon for the Sicilian President Sebastiano Musumeci when he visited Garfield last weekend. I was very honored to present him with the key to the City. President Musumeci was impressed with the vast diversity of our community, and how we recognize one another.

I would like to congratulate the Garfield's Vistula Soccer Club under 15 team, as they are ranked the #1 soccer club in the country. Great job to all the athletes, coaches, and parents!!

Garfield On Ice is coming to Emanuel St. at Century Field parking lot on February 28, 29, and March 1 from 10 am to 9 pm. There is a designated time for children with special needs from 10 am to 12 pm. I want our families and residents to take ownership of our city; this is why we will continue to bring family events and activities to the City of Garfield to improve community spirit and our quality of life.

The property on the corner of Monroe Street and River Road is finally going to get redeveloped. The former Kalama Chemical Plant has been unoccupied and contaminated for the last 40 plus years. Additionally, it has recently been designated as a property that sits in a flood zone. Garfield is lucky that a developer is purchasing the property to redevelop it for distribution centers and a strip mall. Having this property cleaned and developed is a great achievement for the City of Garfield and will help make Garfield's future brighter.

Rich "Riggs" Rigoglioso
Mayor



February 2020



Upcoming Events

- **Monday-Friday, 9-3 pm, Garfield Health Dept, Check-in for G4G Walking Club**
- **Tuesdays, 9-11 am, Garfield Health Center, Health Counseling & Blood Pressure Screenings**
- **Tuesdays, Family Story Time at the Garfield Public Library. Visit :<https://garfield.bccls.org/> events for details.**
- **Thursdays, Tiny Tots Story Time at the Garfield Public Library. Visit: <https://garfield.bccls.org/> events for details.**
- **February 1st– 1st Annual 'Black, The Gala' at The Pinnacle. Visit: www.Garfield100.com or [Eventbrite.com/GBHC](https://www.eventbrite.com/GBHC) for more info**
- **February 12, 19 & 27- 5:30-6:30 pm Prevent Type 2 Diabetes Workshop in Spanish, Garfield Recreation Center, 480 Midland Ave. Call the Garfield Health Dept for more info: 973-340-3340.**
- **February 11th & 25th– City Council Meetings, City Hall**
- **February 13th– 12 pm, Garfield Boys & Girls Club, Garfield Prevention Coalition Meeting**
- **February 17th–President's Day**
- **February 17-21st– Winter Break, Garfield Schools Closed**



To add your next event to the community calendar, email Sergeant Stewart @ jstewart@garfieldpolice.org
For more information regarding events in Garfield, please visit garfieldnj.org/calendar



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March 2020



Upcoming Events

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- **March 5th- Garfield YMCA & Boys & Girls Club Comedy Night, The Royal Manor**
- **March 6th- A Night at the Races, Tickets are available at the City Manager's Office or contact Donna Funk at 973-219-5833 or email donna@moondoggiecoffee.com.**
- **March 10th & 24th- City Council Meetings, City Hall**
- **March 12th- 12 pm, Garfield Boys & Girls Club, Garfield Prevention Coalition Meeting**
- **March 12th GPD Community Affairs Beefsteak, 7 pm, Garfield VFW, 340 Outwater Lane**
- **March 17th- St. Patrick's Day**

To add your next event to the community calendar, email Sergeant Stewart @ jstewart@garfieldpolice.org

For more information regarding events in Garfield, please visit : garfieldnj.org/calendar



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HEALTH & COMMUNITY NEWS

Age-Friendly Equals Accurate Census



Safe streets. A hot meal every day. An affordable place to live. Heart medicine.

Older adults across New Jersey would be forced to live without any or all of the above if not for the federal dollars paying for the programs that help keep them healthy and secure.

That's why advocating for older adults also means advocating for adequate spending on everything from sidewalk repairs to health insurance benefits to nutritious lunches at the town senior center.

"An accurate count is important for everyone," said Kiki Jamieson, of The Fund for New Jersey, a philanthropic organization working to boost participation in New Jersey's count. "We all benefit from public investments that are determined by census numbers."

Federal programs that play a crucial role in the lives of many older adults – such as Medicare, Medicaid, the Supplemental Nutrition Assistance Program and services provided under the Older Americans Act – rely on Census data to measure the extent of need within a geographic region.

Beyond those more well-known benefits, many aspects of the daily lives of people of all ages could be affected by an undercount of residents. The number of low-income people in a region is used to calculate the budgets for programs to help pay for food, housing and health costs. The number of daily commuters dictates federal spending on highway and transit networks. Median housing costs are metrics used to allocate rent subsidies and public housing dollars.

"The entire community – whatever age you are – benefits from an accurate count," Jamieson said.

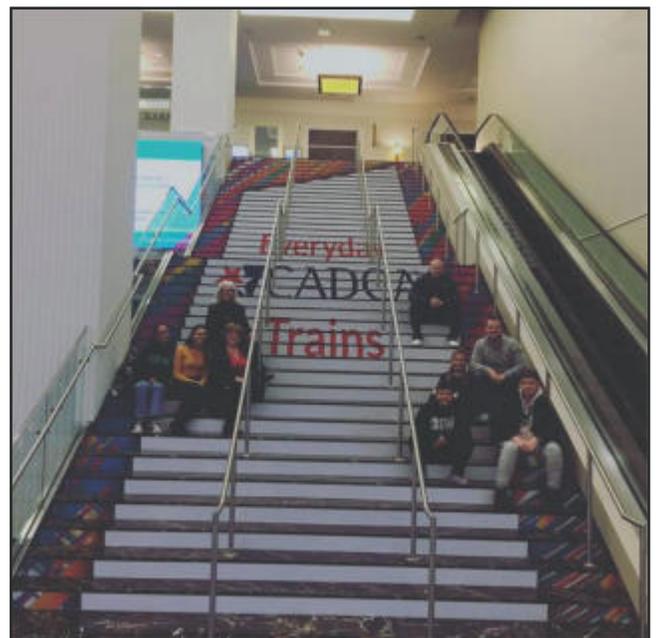
Adapted from the NJAFC Blog. For the complete article, please visit <http://taubfoundation.org/age-friendly-blog/age-friendly-equals-accurate-census/>

CADCA 2020



GPC's youth group, EPIC, was selected to present a workshop at the CADCA (Communities Anti-Drug Coalitions of America) National Academy Conference on February 6th. The conference is attended annually by 5000 people from across the United States and other coalition partner countries.

EPIC presented a 75-minute interactive workshop based on their creation of a toolkit entitled "How to Be EPIC." This Toolkit is a resource for other communities on how to replicate EPIC in their town. This is quite an honor as CADCA receives hundreds of applications to present each year. Congratulations to our students on a job well done!!



Members of G4G and EPIC at CADCA earlier this month.

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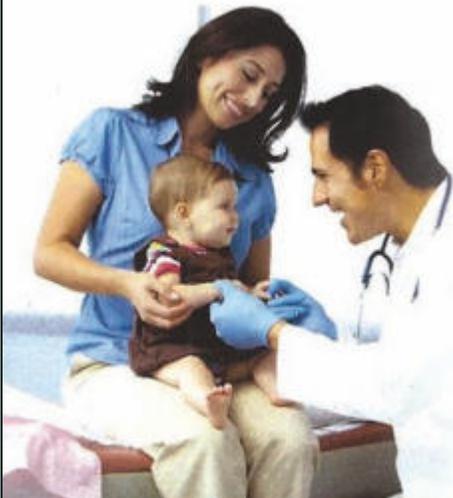
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Garfield Police Department-Community Affairs 06-5306

NEWS & EVENTS

Prevent T2 Diabetes Prevention Program




Taller Diviértete y Sé Saludable

¡Únase a nosotros y disminuya su riesgo de contraer diabetes tipo 2!

Este es un programa **GRATUITO** de un año de duración diseñado para personas con prediabetes, que tienen un alto riesgo de diabetes tipo 2 y desean reducir su riesgo. El programa es una serie de talleres divertidos y educativos que incluyen:

- Intercambios de aprendizaje
- Enseñanza de cocinas
- Reductores de estrés
- Ejercicio

Cuándo: Miércoles de 5:30 p.m. a 6:30 p.m.
A partir del 12 de Febrero de 2020

Ubicación: Centro de Nutrición
480 Midland Ave, Garfield, NJ 07026

Se requiere registro
Póngase en contacto para obtener más información:
Sharon Guerrero, Educadora de Salud Pública, CHES
Sharon.guerrero@hackensackmeridian.org / 201-249-2728

Este programa es una colaboración entre el Centro Médico de la Universidad de Hackensack y el Departamento de Salud de Garfield

HackensackMeridianHealth.org

Beginning February 12th at the Garfield Recreation Center (466 Midland Ave)- the T2 Program in Spanish! The Prevent T2 curriculum promotes modest weight loss (5-7%) and increased physical activity through a 12 month lifestyle change program. This program is open to all Spanish speaking Garfield residents **free** of cost. *Please feel free to share this information.*

2nd Annual CAD Beefsteak & Community Engagement Awards Ceremony



March 12th, 7 pm, The Garfield VFW

Join us as we honor the outstanding dedication and community building efforts of the following individuals:

Anthony Randazzo * Devang Patel * John Tamweber

Irwin Wasserman * Christina DiLeo * Kathi Viola

John Reilly * Krystal Barcza * Toni Lombardi

Arthur Bryant * Dr. Judy Zelikoff

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Mayor Richard Rigoglioso: Rrigoglioso@garfieldnj.org

Deputy Mayor Joseph Delaney: jdelaney@garfieldnj.org

Councilwoman Erin Delaney: Edelaney@garfieldnj.org

Councilman Frank Calandriello: fcalandriello@garfieldnj.org

Councilman Louis Aloia: laloia@garfieldnj.org

City Manager Thomas Duch: tduch@garfieldnj.org

Thank you to Mayor Richard Rigoglioso, the entire City Council & City Manager Tom Duch for their support!